



Hardy County Schools

October 2016



3-Oct	4-Oct	5-Oct	6-Oct	7-Oct
Creamed Chicken on Biscuit Carrots Pears Fruit & Garden Bar Milk Lunch Bills Sent Home	Beef Taco w/Salsa Beans Applesauce Fruit & Garden Bar Milk	French Bread Pizza Broccoli Peaches Fruit & Garden Bar Milk	Pork Tenderloin Mashed Potatoes w/Gravy Fruit Crisp Wheat Roll Fruit & Garden Bar Milk	Steak 'n Cheese Sub Cauliflower Frozen Fruit Cup Fruit & Garden Bar Milk
10-Oct	11-Oct	12-Oct	13-Oct	14-Oct
National School Lunch Week - October 10-14 <i>Show your Spirit!</i>				
Flame Broiled Beef Strips Rice, Broccoli Mandarin Oranges Fruit & Garden Bar Milk	BBQ Drummettes Baked Beans Spiced Apples Soft Pretzel Fruit & Garden Bar Milk	Calzone w/Pizza Sauce Green Beans Mixed Fruit Fruit & Garden Bar Milk	Chili w/ Cheese Fries Pears Hobo Bun Fruit & Garden Bar Milk	 Chicken Patty on Bun, Spinach Peaches Fruit & Garden Bar Milk
17-Oct	18-Oct	19-Oct	20-Oct	21-Oct
No School - CE Day 	School Made Pizza Sautéed Vegetables Green Beans Applesauce Fruit & Garden Bar Milk	Cheeseburger Oven Fries Peaches Fruit & Garden Bar Milk Lunch Bills Due	Sliced Ham Parslied Potatoes Pineapple Wheat Roll Fruit & Garden Bar Milk	Chicken Quesadilla Salsa, Beans Frozen Fruit Cup Fruit & Garden Bar Milk
24-Oct	25-Oct	26-Oct	27-Oct	28-Oct
Cheesy Chicken Alfredo w/Twist Carrots Applesauce Fruit & Garden Bar Milk	French Bread Pizza Sautéed Vegetables California Blend Pear Fruit & Garden Bar Milk	Corn Dog Baked Beans Pineapple Fruit & Garden Bar Milk	Lasagna Broccoli Peaches Bread Stick Fruit & Garden Bar Milk	Turkeyham & Cheese on Croissant Corn Mixed Fruit Fruit & Garden Bar Milk
31-Oct				
Spaghetti w/Meat Sauce, Green Beans Pears Mini Garlic Toast Fruit & Garden Bar Milk	Use our FREE website to manage your child's school meals account at: www.schoolcafe.com			

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Apply for free or reduced price meals anytime at: www.wvschoolmeals.net



Daily breakfast choices include cereal, juice, fruit and milk.



For more information about school meals visit: www.hardycountyschools.com and click on Division: Child Nutrition

Hardy County Schools is an Equal Opportunity Provider and Employer.